

Explore Winter 2024-2025 Activities



Register Beginning Nov 6th at Noon

Register online or in person. For the complete list of available programs, visit DENVERGOV.ORG/RECREATION

St. Charles Recreation Center

M-Th: 10am-8pm
F: 10am-6pm
Sat: 10am-2pm
Sun: Closed

3777 Lafayette St. • (720) 865-2190



MY Denver

DAY	TIME	DATE	ACTIVITY #
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MY Denver Activities

M-F 3:30-6:00 PM year-round [100436](#)
Ages: 8-18. Drop in class. FREE with MY Denver Card

MY Denver Karate

Tu 4:00-5:00 PM year-round [100441](#)
Ages: 8-18. Drop in class. FREE with MY Denver Card

Night Moves: Teen Takeover

2nd/4th F 5:00-8:00 PM 11/22-03/14 [100403](#)
Ages: 12-18. Drop in class. FREE with MY Denver Card

CityWide Sports



See our full schedule of Adult Sports leagues online at: DENVERCITYWIDESPORTS.ORG

Arts & Culture

DAY	TIME	DATE	ACTIVITY #
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Bad Art Night

F 5:30-7:30 PM 01/17 [99663](#)
Ages: 16-17 \$9.50
Ages: 18-64 \$12
Ages: 65+ \$9.50

Bookbinding

Tu 5:30-7:00 PM 01/07-02/04 [100591](#)
Ages: 18-64 \$45
Ages: 65+ \$32

Holiday Cookie Making

W 4:30-6:30 PM 12/11 [100614](#)
Ages: 5-12. \$5

Youth Sports

DAY	TIME	DATE	ACTIVITY #
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Sports Experience Basketball

W 4:30-5:30 PM 01/08-01/29 [99906](#)
Sa 10:00-11:00 AM 01/11-02/01 [99904](#)
W 4:30-5:30 PM 02/12-03/05 [99907](#)
Sa 10:00-11:00 AM 02/15-03/08 [99905](#)
Ages: 3-4 \$20

Indoor Tennis

Sa 11:00 AM-12:00 PM 01/04-01/25 [99921](#)
Sa 11:00 AM-12:00 PM 02/08-03/08 [99922](#)
Ages: 5-6 \$25
Sa 12:00-1:00 PM 01/04-02/01 [99933](#)
Sa 12:00-1:00 PM 02/08-03/08 [99934](#)
Ages: 7-8 \$25
Sa 1:00-2:00 PM 01/04-02/01 [99936](#)
Sa 1:00-2:00 PM 02/08-03/08 [99937](#)
Ages: 9-12. \$25

DAY	TIME	AGE	ACTIVITY #
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YOUTH TEAM SPORTS - WINTER

Co-Ed Basketball

F 5:00-6:00 PM Ages: 5-6 [100082](#)
Sa 11:30 AM-12:30 PM
Ages: 5-6 Dates: 1/6/25-2/22/25 \$40

Boys Basketball

Th 5:00-6:00 PM Ages: 7-8 [100023](#)
Sa 12:30-1:30 PM
M,Tu 5:00-6:00 PM Ages: 9-10 [100831](#)
M,Th 6:00-7:00 PM Ages: 11-12 [99962](#)
Ages: 7-8 Dates: 1/6/25-2/22/25 \$40
Ages: 9-17 Dates: 12/16/24-3/15/25 \$50

Girls Basketball

W 5:00-6:00 PM Ages: 7-8 [100144](#)
Sa 1:30-2:30 PM
Ages: 7-8 Dates: 1/6/25-2/22/25 \$40

View game schedules at:
DENVERYOUTHSPORTS.ORG

Age Calculation Date: January 19, 2025 for
5-6 Co-Ed Basketball • 7-17 Boys Basketball
7-14 Girls Basketball

Ages 8 & Under will have two practices the first week of the season, then one practice and one game for the duration of the season (6 instructional games).

Ages 9+ will have two practices the week of Dec. 16, one practice per week the weeks of Dec. 23 & Dec. 30, two practices the week of Jan. 6, then one practice and one game for the duration of the season (5 league games followed by single-elimination tournaments).

Discounts: Denver residents ages 60+ and youth ages 5-18 could qualify for a free MY Denver membership.

Fitness & Wellness

See our full schedule of classes online at: DENVERGOV.ORG/FITNESS

PERSONAL TRAINING

Body fat/fitness assessments

Ages: 15+ \$15

Individual training: One-on-one

60 minute session with one of our Certified Personal Trainers.

Ages: 15+ 1 Session \$45



LIVE FITNESS CLASS SCHEDULE

Nutrition Plan

Personalized nutrition consult and 30-minute one-on-one check in call halfway through the session.

Fee. \$45



Outdoor Recreation

DAY	TIME	DATE	ACTIVITY #
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Fall Break Youth Adventure Program

M-Tu 9:00 AM-3:30 PM 11/25-11/26 [99021](#)
Ages: 8-10. \$29.25

IntermediateXC Ski - Bakerville/Loveland Trail

F 8:00 AM-2:00 PM 02/07 [100765](#)
Ages: 18-64. \$21
Ages: 65+ \$13.50

Intermediate Snowshoe - Captain Mountain Trail

Th 8:00 AM-4:00 PM 01/30 [100775](#)
Ages: 18-64. \$28
Ages: 65+ \$18

Learn to Ski & Ride

IN-PERSON REGISTRATION: NOV 20 | 4:30-7:30 PM

M 6:45 AM-6:30 PM 01/27 [99040](#)
Ages: 7-17 \$30

Work with Denver Parks & Recreation
Join Our Recreation Team
SeeYourselfHere.org

