

Explore Spring 2026 Activities



Register Beginning Feb 25th at Noon

La Familia Recreation Center

M-F: 8am-8pm
Sat: 10am-4pm
Sun: Closed

65 S Elati St. • (720) 865-2170

Register online or in person. For the complete list of available programs, visit DENVERGOV.ORG/RECREATION

Active Older Adults

DAY	TIME	DATE	ACTIVITY #
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50+ Basketball

Tu,Th 10:00 AM-12:00 PM year-round [111004](#)
Ages: 50+ Drop in class. FREE with MY Denver Card

50+ Functional Fit

Tu,Th 8:45-9:45 AM year-round [111045](#)
W 10:15-11:15 AM year-round [111044](#)
Ages: 50+ Drop in class. FREE with MY Denver Card



Fitness & Wellness



See our full schedule of classes online at: DENVERGOV.ORG/FITNESS



Aquatics

DAY	TIME	DATE	ACTIVITY #
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Aqua Aerobics

Tu,Th 10:00-11:00 AM year-round [115429](#)
Ages: 15+ Drop in class. FREE with MY Denver Card

Stroke Improvement

W 5:00-6:00 PM year-round [115457](#)
Ages: 15+ Drop in class. FREE with MY Denver Card

Flip for: Outdoor Recreation
My Denver • CityWide Sports
Youth Sports



Arts & Culture

DAY	TIME	DATE	ACTIVITY #
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Acrylic Painting: All Levels

F 10:00 AM-12:00 PM 03/27-05/29 [113122](#)
Ages: 18-64 \$53
Ages: 65+ \$38

Graphite Drawing

M 5:45-7:45 PM 03/23-05/18 [113221](#)
Ages: 18-64 \$42
Ages: 65+ \$31

Teen Sketching & Drawing

M 4:00-5:30 PM 03/23-05/18 [113392](#)
Ages: 13-17 \$21

Mini Picasso

M 10:30-11:15 AM 03/23-04/20 [113265](#)
M 10:30-11:15 AM 04/27-05/18 [113266](#)
Ages: 2-4 \$19

Play & Learn

M 9:30-10:00 AM 03/23-04/20 [113275](#)
M 9:30-10:00 AM 04/27-05/18 [113276](#)
Ages: 0-2 \$14

Pottery

Tu 1:00-3:00 PM 03/24-05/26 [113310](#)
Tu 5:30-7:30 PM 03/24-05/26 [113312](#)
Th 1:00-3:00 PM 03/26-05/28 [113309](#)
Th 5:30-7:30 PM 03/26-05/28 [113311](#)
Ages: 18-64 \$106
Ages: 65+ \$77

Glaze-a-thon

W 5:00-7:30 PM 04/29 [117078](#)
Ages: 18+ Drop in class. FREE with MY Denver Card

Throw-a-thon

W 5:00-7:30 PM 04/08-04/15 [117075](#)
Ages: 18+ FREE - Registration required

Adult: Sewing

W 1:00-3:00 PM 03/25-05/27 [113130](#)
Ages: 18-64 \$106
Ages: 65+ \$77



Swim Lessons: Session I

3/15/26-4/18/26; Reg Opens: 2/25/26-12pm

DAY	TIME	DATE	ACTIVITY #
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PARENT-CHILD

Tu,Th 11:00-11:30 AM 03/17-04/16 [111669](#)
Tu,Th 4:00-4:30 PM 03/17-04/16 [111670](#)

PRESCHOOL

M,W 4:00-4:30 PM 03/16-04/15 [111716](#)
Tu,Th 4:00-4:30 PM 03/17-04/16 [111719](#)

LEVEL 1

Tu,Th 4:30-5:00 PM 03/17-04/16 [111484](#)

LEVEL 2

M,W 4:00-4:30 PM 03/16-04/15 [111526](#)

LEVEL 3

Tu,Th 4:30-5:00 PM 03/17-04/16 [111558](#)

LEVEL 4

M,W 4:30-5:00 PM 03/16-04/15 [111586](#)

LEVEL 5

M,W 4:30-5:00 PM 03/16-04/15 [111606](#)

Swim Lessons: Session II

4/27/26-5/23/26; Reg Opens: 4/22/26-12pm

DAY	TIME	DATE	ACTIVITY #
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PARENT-CHILD

Tu,Th 11:00-11:30 AM 04/28-05/21 [111671](#)
Tu,Th 4:00-4:30 PM 04/28-05/21 [111672](#)

PRESCHOOL

M,W 4:00-4:30 PM 04/27-05/20 [111718](#)
Tu,Th 4:30-5:00 PM 04/28-05/21 [111717](#)

LEVEL 1

Tu,Th 4:00-4:30 PM 04/28-05/21 [111485](#)

LEVEL 2

M,W 4:00-4:30 PM 04/27-05/20 [111527](#)

LEVEL 3

Tu,Th 4:30-5:00 PM 04/28-05/21 [111559](#)

LEVEL 4

M,W 4:30-5:00 PM 04/27-05/20 [111587](#)

LEVEL 5

M,W 4:30-5:00 PM 04/27-05/20 [111607](#)

SWIM LESSON PRICING

Yellow: \$31 per session

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Outdoor Recreation

DAY	TIME	DATE	ACTIVITY #
Family Environmental Education Snowshoe / Spike Hike: Echo Lake			
Sa	10:00 AM-3:00 PM	03/14	116963
Ages: 5-17\$11.25			
Ages: 18-64\$21			
Ages: 65+\$11.25			

MY Denver

DAY	TIME	DATE	ACTIVITY #
MY Denver LEGO Robotics			
M	4:00-5:00 PM	04/06-04/27	115304
Ages: 8-18.Registration required.			
.....FREE with MY Denver Card			

DAY	TIME	DATE	ACTIVITY #
MY Denver Night Moves (1st & 3rd Fridays)			
F	5:00-8:00 PM	year-round	115357
Ages: 12-18.Drop in class. FREE with MY Denver Card			



CityWide Sports

DAY	TIME	DATE	ACTIVITY #
Level 1: Beginner Pickleball			
Th	12:00-1:30 PM	02/26-03/19	114990
Tu	12:00-1:30 PM	03/17-04/14	114989
Th	12:00-1:30 PM	04/02-04/23	114992
Tu	12:00-1:30 PM	04/28-05/19	114991
Ages: 18+\$40			
Level 2: Adv. Beginner Pickleball			
Th	1:30-3:00 PM	02/26-03/19	114930
Tu	1:30-3:00 PM	03/17-04/14	114928
Th	1:30-3:00 PM	04/02-04/23	114931
Tu	1:30-3:00 PM	04/28-05/19	114929
Ages: 18+\$40			



See our full schedule of Adult Sports leagues online at: DENVERCITYWIDESPORTS.ORG



Youth Sports

DAY	TIME	DATE	ACTIVITY #
Sports Experience			
W	12:00-1:00 PM	04/08-04/29	113412
Ages: 3-4\$10			

DAY	TIME	AGE	ACTIVITY #
YOUTH TEAM SPORTS—SPRING & SUMMER			
Co-Ed Flag Football			
Tu	4:30-5:30 PM	Ages: 5-6	113475
W	6:00-7:00 PM		
Th	5:00-6:00 PM	Ages: 7-8	113497
F	6:00-7:00 PM		
M	4:30-5:30 PM	Ages: 9-10	113522
Tu	6:00-7:00 PM		
W	5:30-6:30 PM	Ages: 11-12	113442
Th	6:00-7:00 PM		
Ages: 5-14 Dates: 4/6/26-5/8/26\$30			

DAY	TIME	AGE	ACTIVITY #
Co-Ed Soccer			
F	4:30-5:30 PM	Ages: 5-6	113568
Sa	9:00-10:00 AM		
F	5:30-6:30 PM	Ages: 7-8	113595
Sa	11:00 AM-12:00 PM		
F	4:30-5:30 PM	Ages: 9-10	113620
Sa	1:00-2:00 PM		
Ages: 5-12 Dates: 4/7/26-5/9/26\$30			

DAY	TIME	AGE	ACTIVITY #
Co-Ed Volleyball			
Tu	5:30-6:30 PM	Ages: 7-8	113681
W	6:00-7:00 PM		
Th	5:00-6:00 PM	Ages: 9-10	113704
F	6:00-7:00 PM		
M	5:00-6:00 PM	Ages: 11-12	113644
Tu	6:00-7:00 PM		
Ages: 7-14 Dates: 4/6/26-5/8/26\$30			

DAY	TIME	AGE	ACTIVITY #
Co-Ed T-Ball			
Tu,W	4:30-5:30 PM	Ages: 5-6	114195
Ages: 5-6 Dates: 6/1/26-7/22/26\$41			

DAY	TIME	AGE	ACTIVITY #
Coach Pitch Baseball			
M,Th	5:00-6:00 PM	Ages: 7-8	114230
Ages: 7-8 Dates: 6/2/26-7/23/26\$41			
Baseball			
M	6:30-8:00 PM	Ages: 9-10	114294
Sa	12:00-1:30 PM		
M,Tu	6:30-8:00 PM	Ages: 11-12	114075
Ages: 9-14 Dates: 5/18/26-8/1/26\$59			
Coach Pitch Softball			
M,Tu	5:00-6:00 PM	Ages: 7-8	114255
Ages: 7-8 Dates: 6/1/26-7/25/26\$41			
Softball			
M,Th	5:00-6:30 PM	Ages: 9-10	114316
Tu,W	5:00-6:30 PM	Ages: 11-12	114093
Ages: 9-14 Dates: 5/18/26-7/30/26\$59			

View game schedules at:
DENVERYOUTHSPORTS.ORG

Spring Age Calculation Date: April 19, 2026
for 5-14 Co-Ed Flag Football • 5-12 Co-Ed Soccer
7-14 Co-Ed Volleyball

Summer 8 & Under Age Calculation Date: June 28, 2026
for 5-6 Summer Co-Ed T-ball
7-8 Summer Coach Pitch Baseball & Softball

Summer 9+ Age Calculation Date: July 19, 2026
for 9-14 Summer Baseball & Softball

Flip for: Active Older Adults

Fitness & Wellness
Aquatics
Arts & Culture
Swim Lessons