

Explore Summer 2026 Activities



Register Beginning May 6th at Noon

La Alma Recreation Center

M-Th: 10am-8pm
F: 10am-6pm
Sat: 10am-2pm
Sun: Closed

1325 W 11th Ave. • (720) 865-2200

Register online or in person. For the complete list of available programs, visit DENVERGOV.ORG/RECREATION

Active Older Adults

DAY	TIME	DATE	ACTIVITY #
50+ Gentle Yoga			
W	12:30-1:30 PM	year-round	118269
Ages: 50+ Drop in class. FREE with membership			
Trip: Explore Blackhawk			
Th	10:00 AM-4:30 PM	07/16	110741
Ages: 50+ \$7			

MY Denver

DAY	TIME	DATE	ACTIVITY #
MY Denver Activities			
M-F	3:00-5:30 PM	year-round	115373
Ages: 8-18. Drop in class. FREE with MY Denver Card			
MY Denver Movie in the Park Summer Series			
Zootopia 2			
Th	6:45-8:45 PM	07/23	117510
All Ages. FREE			
MY Denver Night Moves			
2nd & 4th Fridays			
F	5:00-8:00 PM	year-round	115393
Ages: 10-18. Drop in class. FREE with MY Denver Card			
Splash & Bash			
F	5:00-7:30 PM	07/17	117966
Ages: 13-18. FREE with MY Denver Card			

Alternative Sports

DAY	TIME	DATE	ACTIVITY #
Youth: Beginner Skateboarding			
W-F	5:00-6:30 PM	05/27-05/29	111366
Ages: 8-15. \$10.25			
Youth: Intermediate Skateboarding Mini Camp			
M,Tu	8:00 AM-12:00 PM	06/08-06/09	117942
Ages: 8-15. \$21			
Youth All Levels: SBC Adventures			
W-F	8:00 AM-2:00 PM	06/10-06/12	111347
Ages: 8-14. \$48			

Arts & Culture

DAY	TIME	DATE	ACTIVITY #
Graphite Drawing			
Tu	5:15-6:45 PM	06/09-08/11	117309
Ages: 18-64. \$53			
Ages: 65+. \$38			

Discounts

Denver residents ages 60+ and youth ages 5-18 could qualify for a free MY Denver membership.

Visit the front desk at any recreation center to see if you are eligible.

CityWide Sports

DAY	TIME	DATE	ACTIVITY #
Women's Recreational Basketball			
Tu	6:30-9:30 PM	05/12-07/07	117993
Tu	6:30-9:30 PM	07/21-09/08	117994
Ages: 19+ \$650			



See our full schedule of Adult Sports leagues online at: DENVERCITYWIDESPORTS.ORG

Swim Lessons: Session I

6/15/26-7/11/26; Reg Opens: 5/6/26-12pm

DAY	TIME	DATE	ACTIVITY #
PRESCHOOL			
M,W	9:45-10:15 AM	06/15-07/08	117815
Tu,Th	9:45-10:15 AM	06/16-07/09	112342
LEVEL 1			
M,W	9:45-10:15 AM	06/15-07/08	111835
Tu,Th	9:45-10:15 AM	06/16-07/09	117849

Swim Lessons: Session II

7/13/26-8/8/26; Reg Opens: 5/6/26-12pm

DAY	TIME	DATE	ACTIVITY #
PRESCHOOL			
M,W	9:45-10:15 AM	07/13-08/05	117816
Tu,Th	9:45-10:15 AM	07/14-08/06	112343
LEVEL 1			
M,W	9:45-10:15 AM	07/13-08/05	117848
Tu,Th	9:45-10:15 AM	07/14-08/06	111737

SWIM LESSON PRICING

Yellow: \$31 per session

Fitness & Wellness

DAY	TIME	DATE	ACTIVITY #
Yoga I			
Th	6:00-7:00 PM	year-round	118475
Ages: 15+ Drop in class. FREE with membership			



See our full schedule of classes online at: DENVERGOV.ORG/FITNESS



Youth Team Sports

DAY	TIME	AGE	ACTIVITY #
Co-Ed T-Ball			
Tu,W	5:30-6:30 PM	Ages: 5-6	114194
Ages: 5-6 Dates: 6/1/26-7/22/26 \$41			
Coach Pitch Baseball			
W,Th	6:30-7:30 PM	Ages: 7-8	114229
Ages: 7-8 Dates: 6/2/26-7/23/26 \$41			
Baseball			
M	5:00-6:30 PM	Ages: 9-10	114293
F	6:30-8:00 PM		
Ages: 9-14 Dates: 5/18/26-8/1/26 \$59			
Coach Pitch Softball			
M,Tu	6:30-7:30 PM	Ages: 7-8	114254
Ages: 7-8 Dates: 6/1/26-7/25/26 \$41			
Softball			
M	6:00-7:30 PM	Ages: 13-14	114134
F	5:00-6:30 PM		
Ages: 9-14 Dates: 5/18/26-7/30/26 \$59			
DAY	TIME	DATES	ACTIVITY #
3v3 Basketball			
Tu,Th	2:00-3:00 PM	06/02-06/25	114104
Ages: 13-14 \$24			
Tu,Th	3:00-4:00 PM	06/02-06/25	114143
Ages: 15-17. \$24			

View game schedules at: DENVERYOUTHSPORTS.ORG

Summer 8 & Under Age Calculation Date:

June 28, 2026 for 5-6 Summer Co-Ed T-ball
7-8 Summer Coach Pitch Baseball & Softball

Summer 9+ Age Calculation Date:

July 19, 2026 for 9-14 Summer Baseball & Softball