SAFER SEX 101

- **Use protection:** Physical barriers like condoms and dental dams can help reduce the risk of sexually transmitted infections (STIs)
- **Get vaccinated:** Vaccines protect against STIs caused by certain viruses including HPV and Hepatitis B
- **Know your sexual partners:** Talk to your partner(s) about your sexual history and test results
- **Get tested:** Knowing your status helps you take control of your sexual health to protect yourself and others

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Correct and consistent use of protection is highly effective in reducing STI transmission. Use protection every time you have oral, vaginal, or anal sex.

HOW TO USE A CONDOM

HOW TO USE A DENTAL DAM

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