



FEBRUARY 2026

MY DENVER YOUTH ACTIVITIES

THIS MONTH'S THEME:

**"LOVE IN ACTION:
KINDNESS, CREATIVITY
& COMMUNITY**

HARVEY PARK RECREATION CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 <u>Activity 1</u> What Is Love? Collage Art <u>Activity 2</u> Friendship Icebreakers</p>	<p>3 <u>Activity 1</u> Heart-Healthy Fitness Stations <u>Activity 2</u> Pattern Sorting</p>	<p>4 <u>Activity 1</u> Kindness Poster Design <u>Activity 2</u> Partner Stretch & Cooldown</p>	<p>5 <u>Activity 1</u> Valentine Bingo <u>Activity 2</u> Build-a-Heart Structure</p>	<p>6 <u>Activity 1</u> Love Word Art <u>Activity 2</u> Team Relay Races</p>
<p>9 <u>Activity 1</u> Self-Love Affirmation Cards <u>Activity 2</u> Compliment Circle Game</p>	<p>10 <u>Activity 1</u> Jump Rope for Heart <u>Activity 2</u> Marshmallow Engineering Towers</p>	<p>11 <u>Activity 1</u> Valentine Card Studio <u>Activity 2</u> Movement Freeze Dance</p>	<p>12 <u>Activity 1</u> Minute-to-Win-It (Heart Edition) <u>Activity 2</u> Paper Cup Stacking Challenge</p>	<p>13 <u>Activity 1</u> Friendship Banner <u>Activity 2</u> Cooperative Games Day</p>
<p>16 NO MY DENVER PROGRAM President's Day (centers closed)</p>	<p>17 <u>Activity 1</u> Obstacle Course Challenge <u>Activity 2</u> Index Card Bridge Build</p>	<p>18 <u>Activity 1</u> Gratitude Journaling Pages <u>Activity 2</u> Yoga & Mindfulness</p>	<p>19 <u>Activity 1</u> Team Puzzle Challenge <u>Activity 2</u> Tallest Free-Standing Structure</p>	<p>20 <u>Activity 1</u> Positive Quote Posters <u>Activity 2</u> Fitness Bingo</p>
<p>23 <u>Activity 1</u> Obstacle Course Challenge <u>Activity 2</u> Share-the-Love Games</p>	<p>24 <u>Activity 1</u> Fitness Stations Remix <u>Activity 2</u> Build a Mailbox for Kind Notes</p>	<p>25 <u>Activity 1</u> What Makes Me Special' Art <u>Activity 2</u> Thank-You Posters for Center Staff</p>	<p>26 <u>Activity 1</u> Friendship Trivia <u>Activity 2</u> Team Engineering Free Build</p>	<p>27 <u>Activity 1</u> Month Reflection Art <u>Activity 2</u> Kindness Wall Display</p>

ACTIVITY KEY

- Urban Arts & Culture
- Sports & Wellness
- Science, Technology & Education
- Community Engagement
- Social Recreation

Calendar subject to change

ACTIVITY INFORMATION

Activity Times:

Activity #1: 4:00PM-6:00PM

Activity #2: 6:15PM-7:00PM

PROGRAM INFORMATION

Program Hours Mon-Fri:

4:00-6:00PM

Ages: 8 - 18

Tasty Foods Served Mon-Fri:

3:30-5:30PM

No Program

Monday, 02/16: President's Day



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