



FEBRUARY 2026 MY DENVER YOUTH ACTIVITIES

THIS MONTH'S THEME:
**SWEETHEART OR
SWEET TART?**

COOK PARK RECREATION CENTER

MONDAY

2 Activity 1
DIY Heart Garland
Activity 2
Spoons Card Game

9 Activity 1
Paper Heart Chains
Activity 2
Scammers Card Game

16 NO MY DENVER PROGRAM
President's Day
(centers closed)

23 Activity 1
Video Game Tournament
Activity 2
Werewolf Game

TUESDAY

3 Activity 1
Cupid Says
Activity 2
Lego Heart Challenge

10 Activity 1
Red Light, Green Light
Activity 2
Squishy Hearts Circuits

17 Activity 1
Paper Lanterns
Activity 2
Candy Marbling Experiment

24 Activity 1
Foosball Tournament
Activity 2
Heart Pattern Drawings

WEDNESDAY

4 Activity 1
Yarn Hearts
Activity 2
Jump Rope

11 Activity 1
Sweetheart Gnome Ornaments
Activity 2
Make Your Own Obstacle Course

18 Activity 1
DIY Conversation Heart Soaps
Activity 2
Balloon Volleyball

25 Activity 1
Heart Sculpture
Activity 2
Volunteer at Animal Shelter*

THURSDAY

5 Activity 1
Story Chain Game
Activity 2
Heartbeat Science

12 Activity 1
Kindness Jar Swap
Activity 2
Dissolving Candy Hearts Experiment

19 Activity 1
Make Your Own Carnival Games
Activity 2
Candy Heart Oobleck

26 Activity 1
Mix-and-Mingle Movement
Activity 2
Love Letter

FRIDAY

6 Activity 1
Chocolate Covered Treats
Activity 2
Parachute Games

13 Activity 1
Candy Kebab Valentines
Activity 2
Heart Freeze Tag

20 Activity 1
Paper Flower Bouquets
Activity 2
Basketball

27 Activity 1
Pipe Cleaner Windchimes
Activity 2
Kindness Letters

ACTIVITY KEY

- Urban Arts & Culture
- Sports & Wellness
- Science, Technology & Education
- Community Engagement
- Social Recreation

Calendar subject to change

ACTIVITY INFORMATION

Activity Times:
Activity #1: 3:30-4:30 PM
Activity #2: 5:00-6:00 PM

Enrichments:
Chess Club: Tuesday & Friday, 5:30-6:30 PM
Digital Art: Tuesday, 4:00-5:00 PM

PROGRAM INFORMATION

Program Hours Mon-Fri:
3:30PM - 6:00PM
Ages: 8 - 18

No Program
Monday, 02/16: President's
Day

Tasty Foods Served Mon-Fri:
3:30PM - 6:00PM



This institution is an equal opportunity provider