Explore Winter 2022-2023 Activities
Register Beginning Nov 9th at Noon

Browse the Activity Guide, and register for programs at DENVERGOV.ORG/RECREATION

Active Older Adults

Bingo
Tu 10:00 AM-12:00 PM year-round 80317
Ages: 50+. Drop in class. FREE with membership

Out of School Time

Gift Workshop
W 5:00-6:30 PM 12/14 81277
Ages: 5-12. $3

MY Denver Activities
M-F 2:30-6:00 PM 01/04-05/26 81208
Ages: 8-18. Drop in class. FREE with MY Denver Card

MY Denver Karate
Tu,Th 5:30-6:30 PM year-round 81219
Ages: 5-18. Drop in class. FREE with MY Denver Card

Fitness & Wellness

Zumba®
Sa 10:00-11:00 AM year-round 81162
Ages: 15+. Drop in class. FREE with membership

Arts & Culture

Cookie Making
W 4:30-6:30 PM 12/14 81964
Ages: 7-12. $5

Holiday Youth Ceramics
Th 5:00-6:00 PM 12/01 82001
Ages: 6-12. $5

Outdoor Recreation

Family Hike - Newton Mountain Park
Sa 8:45 AM-3:00 PM 01/14 81720
Ages: 5-64. $13.50
Ages: 65+. $6.75

Youth Team Sports

See our full schedule of classes online at: DENVERGOV.ORG/RECREATION

PERSONAL TRAINING
Body Fat/fitness assessments
Ages: 15+. $15

Individual training: One-on-one 60 minute session with one of our Certified Personal Trainers.
Ages: 15+. 1 Session $45

Nutrition Plan
Personalized nutrition consult and 30-minute one-on-one check in call halfway through the session.
Fee $45

Discounts
Denver residents ages 60+ and youth ages 5-18 could qualify for a free MY Denver membership.

View game schedules at: DENVERYOUTHSPORTS.ORG

Swansea Recreation Center
M-Th: 10am-8pm
F: 10am-7pm
Sat: 10am-2pm
Sun: Closed

2650 E 49th Ave.  (720) 865-0540

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Youth Team Sports

DAY TIME AGE ACTIVITY #
Co-Ed PeeWee Basketball
F 5:00-6:00 PM Ages: 5-6 81448
Sa 11:00 AM-12:00 PM Ages: 5-6 Dates: 1/4-2/25 $40

Girls Basketball
F 6:00-7:00 PM Ages: 7-8 81504
Sa 12:00-1:00 PM Ages: 7-8 Dates: 1/4-2/25 $40
Tu 5:00-6:00 PM Ages: 9-10 81526
F 6:00-7:00 PM Ages: 7-8 Dates: 1/4-2/25 $40

Boys Basketball
F 6:00-7:00 PM Ages: 7-8 81394
Sa 12:00-1:00 PM Ages: 7-8 Dates: 1/4-2/25 $40
M,Tu 6:00-7:00 PM Ages: 9-10 81421
W 6:00-7:00 PM Ages: 7-8 Dates: 1/4-2/25 $40
Th 7:00-8:00 PM Ages: 9-10 Dates: 12/13-3/10 $50

Visit the front desk at any recreation center to see if you are eligible.