Explore Winter 2022-2023 Activities

Register Beginning Nov 9th at Noon

Browse the Activity Guide, and register for programs at DENVERGOV.ORG/RECREATION

65 S Elati St.  •  (720) 865-2170

Active Older Adults

**DAY**  **TIME**  **DATE**  **ACTIVITY #**

**50+ Basketball**  
Tu,Th  10:00 AM-12:00 PM  year-round  80251
Ages: 50+  Drop in class. FREE with membership

**50+ Functional Fit**  
W,F  10:15-11:15 AM  year-round  80286
Ages: 50+  Drop in class. FREE with membership

**Pickleball**  
M  9:00 AM-12:00 PM  year-round  80386
Ages: 50+  Drop in class. FREE with membership

Fitness & Wellness

**DAY**  **TIME**  **DATE**  **ACTIVITY #**

**Vinyasa Yoga**  
M  5:30-6:30 PM  year-round  81102
Ages: 15+  Drop in class. FREE with membership

Aquatics

**DAY**  **TIME**  **DATE**  **ACTIVITY #**

**Aqua Aerobics**  
Tu,Th  10:00-11:00 AM  year-round  80687
Ages: 15+  Drop in class. FREE with membership

See back for Swim Lessons!

Out of School Time

**DAY**  **TIME**  **DATE**  **ACTIVITY #**

**Parents Night Out, Kids Night In**  
Sa  5:00-8:00 PM  03/18  81257
Ages: 5-12  $5

Outdoor Recreation

**DAY**  **TIME**  **DATE**  **ACTIVITY #**

**Learn to Ski & Ride**  
M  6:45 AM-6:30 PM  01/30  81798
Ages: 7-17  $30

See our full schedule of classes online at: DENVERGOV.ORG/FITNESS

Arts & Culture

**DAY**  **TIME**  **DATE**  **ACTIVITY #**

**Music & Movement**  
M  10:30-11:15 AM  01/09-02/06  81953  Ages: 2-4  $14
M  10:30-11:15 AM  02/13-03/13  81954  Ages: 2-4  $16

**Pottery**  
Tu  1:00-3:00 PM  01/10-03/14  80824  Ages: 18-64  $90  Ages: 65+  $65

**Sewing**  
W  1:00-3:00 PM  01/11-03/15  80861  Ages: 18-64  $90  Ages: 65+  $65

Discounts

Denver residents ages 60+ and youth ages 5-18 could qualify for a free MY Denver membership.

Visit the front desk at any recreation center to see if you are eligible.
Explore Winter 2022-2023 Activities

Register Beginning Nov 9th at Noon

Browse the Activity Guide, and register for programs at DENVERGOV.ORG/RECREATION

65 S Elati St. • (720) 865-2170

La Familia Recreation Center

M-F: 8am-8pm
Sat: 10am-4pm
Sun: Closed

Swim Lessons: Session I
1/2/23-1/28/23; Registration Opens: 11/9/22

DAY TIME DATE ACTIVITY #

PARENT-CHILD
Tu,Th 11:00-11:30 AM 01/03-01/26 80553
Tu,Th 4:00-4:30 PM 01/03-01/26 80554

PRESCHOOL
Tu,Th 11:30 AM-12:00 PM 01/03-01/26 80580
Tu,Th 4:30-5:00 PM 01/03-01/26 80581

LEVEL 1
M,W 4:00-4:30 PM 01/02-01/25 81868
Tu,Th 4:00-4:30 PM 02/07-03/02 81611

LEVEL 2
M,W 4:00-4:30 PM 02/06-03/01 81625

LEVEL 3
Tu,Th 4:30-5:00 PM 01/03-01/26 80509

LEVEL 4
M,W 4:30-5:00 PM 01/02-01/25 80532

LEVEL 5
M,W 4:30-5:00 PM 01/02-01/25 80538

Swim Lessons: Session II
2/6/23-3/4/23; Registration Opens: 1/31/23

DAY TIME DATE ACTIVITY #

PARENT-CHILD
Tu,Th 11:00-11:30 AM 02/07-03/02 81613
Tu,Th 4:00-4:30 PM 02/07-03/02 81622

PRESCHOOL
Tu,Th 11:30 AM-12:00 PM 02/07-03/02 81867
Tu,Th 4:30-5:00 PM 02/07-03/02 81623

LEVEL 1
M,W 4:00-4:30 PM 02/06-03/01 81624
Tu,Th 4:00-4:30 PM 02/07-03/02 81611

LEVEL 2
M,W 4:00-4:30 PM 02/06-03/01 81625

LEVEL 3
Tu,Th 4:30-5:00 PM 02/07-03/02 81626

LEVEL 4
M,W 4:30-5:00 PM 02/06-03/01 81627

LEVEL 5
M,W 4:30-5:00 PM 02/06-03/01 81628

SWIM LESSON PRICING

Blue ........................................... $22.75
Yellow ....................................... $26

Discounts

Denver residents ages 60+ and youth ages 5-18 could qualify for a free MY Denver membership.

Visit the front desk at any recreation center to see if you are eligible.

View game schedules at: DENVERYOUTHSPORTS.ORG

Age Cutoff: January 15, 2023 for 5-6 Co-Ed PeeWee Basketball
7-14 Girls Basketball • 7-17 Boys Basketball

*Teams will practice 2x/week until games begin; Once games begin, teams will practice 1x/week.