

Explore Winter 2022-2023 Activities



Register Beginning Nov 9th at Noon



Aztlan Recreation Center

M-Th: 10am-8pm
F: 10am-7pm
Sat: 10am-2pm
Sun: Closed

4435 Navajo St. • (720) 865-2180

Browse the Activity Guide, and register for programs at DENVERGOV.ORG/RECREATION

Active Older Adults

DAY	TIME	DATE	ACTIVITY #
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Holiday Luncheon and BINGO

F	10:30 AM-2:00 PM	12/09	80212
Ages: 50+		\$7

Pickleball

M,W	10:00 AM-1:00 PM	year-round	80373
Ages: 50+		 Drop in class. FREE with membership

Trip: Buffalo Bill Museum

W	10:00 AM-2:30 PM	03/01	80231
Ages: 50+		\$5

Trip: Explore Central City

Tu	9:00 AM-3:30 PM	11/29	80235
Ages: 50+		\$7

Valentine's Luncheon and BINGO

F	10:30 AM-2:00 PM	02/10	80227
Ages: 50+		\$7

MY Denver

DAY	TIME	DATE	ACTIVITY #
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MY Denver Activities

M-F	4:00-6:30 PM	01/04-05/26	81198
Ages: 8-18		 Drop in class. FREE with MY Denver Card



Fitness & Wellness

See our full schedule of classes online at:
DENVERGOV.ORG/FITNESS

PERSONAL TRAINING

Body fat/fitness assessments	
Ages: 15+\$15

Individual training: One-on-one 60 minute session with one of our Certified Personal Trainers.
Ages: 15+ 1 Session\$45

Nutrition Plan

Personalized nutrition consult and 30-minute one-on-one check in call halfway through the session.
Fee.....\$45



LIVE FITNESS CLASS SCHEDULE

Outdoor Recreation

DAY	TIME	DATE	ACTIVITY #
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Ice Skating - Skyline Downtown Rink

Th	10:00 AM-1:00 PM	02/09	81831
Ages: 0-64		\$6.75
Ages: 65+		\$3.25

Learn to Ski & Ride

F	6:45 AM-6:30 PM	03/03	81805
Ages: 7-17		\$30



Arts & Culture

DAY	TIME	DATE	ACTIVITY #
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Ceramic Ornaments

W	4:30-6:30 PM	11/30	81935
Ages:7-11		\$5

Ceramics: Get Glazed

Th	11:00 AM-1:00 PM	01/12-02/09	80715
Th	5:30-7:30 PM	01/12-02/09	80716
Th	11:00 AM-1:00 PM	02/16-03/16	80717
Th	5:30-7:30 PM	02/16-03/16	80718
Ages: 18-64		\$45
Ages: 65+		\$32

Cookie Making

W	4:30-6:30 PM	12/07	81934
Ages:7-12		\$5

DIY Valentine Card Making

W	4:30-6:00 PM	02/08	81933
Ages:6-12		\$5

Discounts

Denver residents ages 60+ and youth ages 5-18 could qualify for a **free MY Denver membership.**

Visit the front desk at any recreation center to see if you are eligible.



Youth Team Sports

DAY	TIME	AGE	ACTIVITY #
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Co-Ed PeeWee Basketball

Th	5:00-6:00 PM	Ages: 5-6	81426
Sa	10:00-11:00 AM		
Ages: 5-6 Dates: 1/4-2/25		\$40

Girls Basketball

Th	6:00-7:00 PM	Ages: 7-8	81486
Sa	12:00-1:00 PM		
W,F	6:00-7:00 PM	Ages: 9-10	81509
M	6:00-7:00 PM	Ages: 11-12	81453
Th	7:00-8:00 PM		
M,W	7:00-8:00 PM	Ages: 13-14	81474
Ages: 7-8 Dates: 1/3-2/25		\$40
Ages: 9-14 Dates: 12/13-3/10		\$50

Boys Basketball

Th	6:00-7:00 PM	Ages: 7-8	81373
Sa	11:00 AM-12:00 PM		
M,Tu	5:00-6:00 PM	Ages: 9-10	81399
Tu	6:00-7:00 PM	Ages: 11-12	81318
Th	7:00-8:00 PM		
Tu	7:00-8:00 PM	Ages: 13-14	81341
W	8:00-9:00 PM		
Ages: 7-8 Dates: 1/4-2/25		\$40
Ages: 9-17 Dates: 12/12-3/11		\$50

View game schedules at:
DENVERYOUTHSPORTS.ORG

Age Cutoff: January 15, 2023 for
5-6 Co-Ed PeeWee Basketball
7-14 Girls Basketball • 7-17 Boys Basketball

*Teams will practice 2x/week until games begin;
Once games begin, teams will practice 1x/week.