### MY Denver Activity Hours

**12:00PM - 3:30PM**  
**Ages 8 - 18**

### Program Hours

**August 1-18**  
Activity #1: 12:00PM - 1:00PM  
Activity #2: 1:15PM - 2:15PM  
Activity #3: 2:30PM - 3:30PM

**August 21-31**  
Activity #1: 4:00PM - 5:00PM  
Activity #2: 5:30PM - 6:30PM

### Enrichments:

**Kids in the Kitchen**  
8/4/23 2:30PM-3:30PM

### Snack

**Mondays - Fridays**  
3:00PM - 6:00PM  
This institution is an equal opportunity provider

### Calendar Subject to Change

### Activity Key

- **Urban Arts and Culture**  
- **Sports and Wellness**  
- **Science, Technology and Education**  
- **Community Engagement**  
- **Social Recreation**  
- **Engage**

<table>
<thead>
<tr>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THU</th>
<th>FRI</th>
</tr>
</thead>
</table>
| 1   | Activity #1  
Uno   | No Activities  
Rockies Field Trip | Activity #1  
Activity #2  
Water Balloon Fight  
Activity #3  
Cyanotypes | Activity #1  
Ultimate Frisbee  
Activity #2  
Bingo  
Activity #3  
Wooden Design Painting | Activity #1  
Playground Fun  
Activity #2  
Four Square  
Activity #3  
Kids in the Kitchen |
| Activity #2  
Paint your Castle  
Activity #3  
Cat’s Corner | Activity #1  
Build a Castle  
Activity #2  
Danish Rounders  
Activity #2  
Cyanotypes  
Activity #3  
Bracelet Making | Activity #2  
God’s Eye  
Activity #3  
Tail Tag | Activity #1  
Painted Jenga  
Activity #2  
Glow Chemistry  
Activity #3  
Wiffleball | Activity #1  
Just Dance  
Activity #2  
Fuse Beads  
Activity #3  
Kids in the Kitchen |
| 7   | 8   | 9   | 10  | 11  |
| Activity #1  
Build a Castle  
Activity #2  
Pain your Castle  
Activity #3  
Cat’s Corner | Activity #1  
Canvas Painting  
Activity #2  
Yarn Letters  
Activity #2  
Cyanotypes  
Activity #3  
Park Cleanup | Activity #1  
National Geographic Science Experiment  
Activity #2  
Trail Walk  
Activity #3  
Mini Cart Racing | Activity #1  
Jewelry Gift Box  
Activity #2  
Create a Solar System  
Activity #3  
Movie Day | Activity #1  
Kinect Sports  
Activity #2  
Playground Fun  
Activity #3  
Kids in the Kitchen |
| 14  | 15  | 16  | 17  | 18  |
| Activity #1  
Canvas Painting  
Activity #2  
Make a Volcano Erupt  
Activity #3  
Volleyball | Activity #1  
Yarn Letters  
Activity #2  
Cyanotypes  
Activity #3  
Park Cleanup | Activity #1  
Melted Crayon Designs  
Activity #2  
Trail Walk  
Activity #3  
Mini Cart Racing | Activity #1  
Jewelry Gift Box  
Activity #2  
Create a Solar System  
Activity #3  
Movie Day | Activity #1  
Kinect Sports  
Activity #2  
Playground Fun  
Activity #3  
Kids in the Kitchen |
| 21  | 22  | 23  | 24  | 25  |
| Activity #1  
Clay Creations  
Activity #2  
Ping Pong Trickshot | Activity #1  
Your Choice Science Experiment  
Activity #2  
Bowling | Activity #1  
Rainbow Scratch Art  
Activity #2  
Kickball | Activity #1  
Paper Plane Pilots  
Activity #2  
Rapid Rumble | Activity #1  
Origami  
Activity #2  
Comic Creator |
| 28  | 29  | 30  | 31  | 4   |
| Activity #1  
Parachute Games  
Activity #2  
Galaxy in a Jar | Activity #1  
Baseketball  
Activity #2  
Balloon Car Race | Activity #1  
Cone Croquet  
Activity #2  
Toilet Paper Rockets | Activity #1  
Floor is Lava  
Activity #2  
Hoola Hoop Games | Activity #1  
Activity #2  
Activity #3  
Activity #4  
Activity #5 |

**Eisenhower Recreation Center**  
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