

# UnitedHealthcare

Employee must have user ID and password to start Health Assessment

## Instructions to set up your user ID and password

To set up user ID and password go to

[www.myuhc.com](http://www.myuhc.com)

Click: **Register Now**

### Complete Steps 1 - 3

1. **“Enter your first and last name, ID number, group number and date of birth”**  
If you don't have your ID card
  - ◇ Click: **No ID Card**. You are able to use your Social Security number and date of birth
2. **E-mail address**
  - ◇ Enter e-mail address
  - ◇ If you do not have an e-mail address you will be prompted to sign up for free e-mail through Google, Yahoo or AOL
3. **Choose your Username, Password and Security Question**

**Registration is Complete!**

## Instructions to complete your Health Assessment

Once you have set up your user ID and password you can access and complete the health assessment

1. Between **Now and August 31st** log on to **myuhc.com** with your user ID and password.
2. Click on **"Health Assessment"**.
3. Click on **"Launch University of Michigan Health Assessment"**.

**Complete the assessment**

To complete UnitedHealthcare Health Assessment, log on at [www.myuhc.com](http://www.myuhc.com)