



**DENVER**  
THE MILE HIGH CITY

**Safety and Health Training is available upon request. The following is an example of material that can be presented to your particular group. Please contact Risk – Safety at 720-913-3348 for more information.**

<b>TRAINING TITLE</b>	<b>OBJECTIVES</b>
Bloodborne Pathogens	Bloodborne pathogens cause diseases such as HIV, hepatitis B or hepatitis C that are carried in the blood and other body fluids. This training provides information to protect the employee and the responsibilities dealing with bodily fluids in the course of their job.
Conducting a JHA	Provides instruction on how to conduct and document a Job Hazard Analysis (JHA); a technique used to identify hazards that are associated with specific work tasks and to prescribe control measures that reduce or eliminate hazard exposures. Typically a JHA identifies engineering and administrative controls, personal protective equipment, and training requirements necessary to ensure worker safety.
Confined Space Awareness	Serious injury or death can occur in a confined space - a result of asphyxiation, engulfment, electrical shock, falls and heat stress. These accidents can be prevented if you understand the hazards you face on the job. The training provides descriptions of a confined space, how to prepare of entry, using the correct monitoring tool to verify air quality and what to do in an emergency situation.
Defensive Driving	Motor vehicle accidents are the number one cause of occupational fatalities in the United States and it is estimated that over 100,000 workers are seriously injured in motor vehicle accidents each year. The required Executive Order #3 Defensive Driving class offered by Risk Management Safety is for all employees who drive a personal vehicle or a city owned vehicle while completing job specific duties on city business or duties as assigned. The multi-media classroom course is based on Executive Order #3, Fiscal Rule 10.5, 10.6, and 10.7.
Electrical Safety Awareness	Electrical shock accidents are responsible for thousands of hospitalizations each year in the U.S. alone. The training provides an understanding of the precautions needed when working around electricity, how it affects the body, how electrical incidents occur and how to avoid them.
Ergonomic Awareness	Musculoskeletal disorders can be prevented by simple and inexpensive solutions. The training delivers instructions to familiarize employees on how to identify ergonomic issues, report discomforts early and workstation adjustments.
Fire Safety Awareness	Few things are as frightening or destructive as fire. While prevention is always the best defense, it's important to know what to do if a fire starts. The training highlights the importance of how to prevent a fire, and identifies the equipment and training necessary to prevent the spread of incipient stage fires and the importance of maintaining and inspecting the fire protection equipment.
Forklift Training	The training is designed to reinforce the importance of proper forklift safety and handling techniques. The message includes general lift truck fundamentals, stability and balance, pre-operation inspections, safety guidelines, load handling, fueling and battery maintenance where applicable. Hands on training provided by individual departments.
Haz Com - Chemical Safety Awareness	Provides an understanding of the physical and health hazards of chemicals used in the workplace. Emphasizes the importance of the MSDS (Material Safety Data Sheet) to identify methods of protection using safe work practices, emergency procedures and

	personal protective equipment (PPE).
Hazwoper First Response Awareness Level	First responders at the awareness level are individuals who are likely to witness or discover a hazardous substance release and will initiate an emergency response by notifying the proper authorities of the release. The training highlights the identification of a hazardous substance and risk associated with them in a release.
Hot Work Awareness	Incidents surrounding daily operations in hot work result in a number of worker injuries and structural fires each year in the United States. The training provides guidance in safe hot work procedures to prevent possible injuries and to preserve property and assets. Discussion of a Hot Work Permit and fire watch when operating welding equipment outside of a designated hot work area is also provided.
Incident Investigation	Provides staff with basics on how to use investigation techniques to identify the causal factors of an incident and select corrective actions to prevent recurrence.
Lockout/Tagout Awareness	Improper lockout/tagout procedures result in many industrial injuries - and even deaths. The training delivers information to the employee about the unforgiving hazards of electricity as well as other forms of stored energy and how to protect the employee with Lockout/Tagout procedures, training and the six steps for locking out a piece of equipment.
Maintenance Safety	Provides staff with an understanding of working around dangerous equipment and what protection to use to prevent injury.
New Employee Orientation Safety Training	Safety awareness is a very important part of the job. This training provides the information for new employee to protect themselves by understanding the various safety procedures, wearing the proper PPE (personal protective equipment) and being cautious around potentially hazardous substances
Overexertion Injury Prevention	Enhance the employee's knowledge of the common causes of overexertion, with emphasis on good body mechanics, and how to prevent injury.
PPE Awareness	Personal Protective Equipment or PPE is designed to protect different parts of the body from hazards in the workplace. This training will aid the employee in understanding the basic City requirements for personal protective equipment and the role PPE plays in the hierarchy of controls and layers of protection afforded as a means to prevent an incident.
Safety and Health Inspections	Provides guidance to successfully inspect and document the worksite for safety and health risk hazards and methods for improvements.
Slips, Trips, Falls - Prevention	Some of the most common accidents at work are slips, trips and falls. The training provides the information to prevent this from happening by identifying fall hazards, proper methods of walking in slippery conditions and good housekeeping.