



## Career Service Authority

Page 1 of 4

### Lifeguard

#### **GENERAL STATEMENT OF CLASS DUTIES**

Performs public safety and recreational work supervising, swimming and enforcing regulations at a municipal pool.

#### **DISTINGUISHING CHARACTERISTICS**

This class performs basic public safety enforcement of regulations at a municipal pool and is distinguished from Advanced Lifeguard in that the Lifeguard does not teach swimming. Both perform public safety enforcement while exercising limited judgment in the application of life-performing knowledge under continuing supervision.

#### ***Guidelines, Difficulty and Decision Making Level***

Procedures, methods and techniques to be used are well established with options to be considered well defined. Tools, work aids and materials to be used are specified. Work steps are demonstrated or made clear by straightforward oral instructions.

Detailed oral and/or written instructions are normally given during the training period. Work steps involve a pattern of sequential motions such as push, pull, lift, carry or place which may include making gross discriminations as to size, color or readily observable conditions.

Duties assigned are primarily routine, repetitive and restricted in intricacy with little or no discretion in how they are carried out.

#### ***Level of Supervision Received and Quality Review***

Under close supervision, the employee receives training to develop skills and abilities in a specific line of work or general occupational area. Work product is subject to close, continuous inspection.

#### ***Interpersonal Communications and Purpose***

Contacts with the public or employees where factual information relative to the organization or its functions is received and relayed, or a service rendered, according to established procedures or instructions.

#### ***Level of Supervision Exercised***

None

## ESSENTIAL DUTIES

Observes and patrols pool and enforces safety regulations.

Assists swimmers from water when in danger.

Performs resuscitation and first aid when appropriate.

Assists Advanced Lifeguard with teaching preschool level children.

Some positions coach swimming teams.

Some positions perform minor maintenance work on pool equipment.

Some positions provide counter work as assigned.

Performs other related duties as assigned or requested.

.....  
Any one position may not include all of the duties listed.  
However, the allocation of positions will be determined by  
the amount of time spent in performing the essential duties  
listed above.  
.....

## MINIMUM QUALIFICATIONS

### ***Competencies, Knowledge, and Skills Requirements***

**Oral Communication** - Expresses ideas and facts to individuals in the process of enforcing regulations.

**Interpersonal Skills** - Considers and responds appropriately to the needs, feelings and capabilities of others; adjusts approaches to suit different people and situations; may deal with people who are difficult, hostile, or distressed.

**Flexibility** - adapts behavior and work methods from routine in response to a stressful crisis or unexpected obstacle.

Knowledge of safety hazards and necessary safety precautions sufficient to be able to establish a safe work environment for self and others.

Knowledge of the principles and practices of water safety, resuscitation, and first aid sufficient to be able to enforce safety regulations and perform lifesaving, first aide, and CPR/PR techniques.

Knowledge of swimming pool equipment sufficient to be able to perform minor maintenance work on the equipment.

Skill in understanding and applying oral, written, illustrated or demonstrated instructions.

### ***Physical Demands***

Standing: remaining on one's feet in an upright position.

Pulling: exerting force on an object so that it is moving to the person.  
Climbing: ascending or descending objects usually with hands/feet.  
Balancing: maintaining body equilibrium to prevent falling over.  
Reaching: extending the hand(s) and arm(s) in any direction.  
Handling: seizing, holding, grasping, or otherwise working with hand(s).  
Fingering: picking, pinching, or otherwise working with fingers.  
Eye/hand/foot coordination: performing work through using two or more.

### ***Vision Requirements***

Far Acuity: ability to see clearly at 20 feet or more.  
Near Acuity: ability to see clearly at 20 inches or less.  
Depth Perception: ability to judge distance and space relationships.  
Field of Vision: ability to see peripherally.  
Accommodation: ability to adjust vision to bring objects into focus.  
Color Vision: ability to distinguish and identify different colors.

### ***Working Environment***

Extreme cold: temperature cold enough to cause bodily discomfort.  
Extreme heat: temperature hot enough to cause bodily discomfort.  
Temperature changes: variations in temperature from hot to cold.  
Wet: frequent contact with water or other liquid.  
Humid: conditions with high moisture content to cause bodily reactions.  
Exposure: pool chemicals.  
Handles emergency or crisis situations.  
Performs emergency care.

### **Education Requirement**

None

### ***Experience Requirement***

None

### ***Licensure and/or Certification***

Possession of current American Red Cross certifications in Lifeguard Training, First Aid (adult/infant/child), CPR/PR (Cardiopulmonary resuscitation for the Professional Rescuer), AED (Automatic External Defibrillator), BPT- (Blood borne Pathogens Training) and O2 (Oxygen Administration) at the time of application.

## **CLASS DETAIL**

**FLSA CODE:** Non-Exempt

**ESTABLISHED DATE:** 09/16/1995

**REVISED DATE:** 10/16/2005

**REVISED BY:** Jayne Lujan

**CLASS HISTORY** Updating the Licensure and/or Certification requirements