



DENVER[®]
THE MILE HIGH CITY

City and County of Denver
Parks and Recreation

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MEDIA ADVISORY/PHOTO OPPORTUNITY

Spring into Health 2009 **Kevin Fitzgerald and Mayor Hickenlooper to speak**

DENVER, CO — May 27, 2009 — Tomorrow, May 28, is the **15th Annual “Spring into Health”** event from 9 a.m. to 1 p.m.. For the first time, “Spring into Health” is being held at Denver Zoo, an 80-acre wonderland in Denver's historic City Park.

WHO: **Denver Parks and Recreation** and **Denver Zoo**, along with our sponsors, will host the 15th Annual Spring into Health

WHAT: In addition to our keynote speaker **Kevin Fitzgerald**, DMV, PhD and renowned exotic animal veterinarian and comedian, and welcoming remarks by **Mayor John Hickenlooper**, Spring into Health will feature a resource fair designed to provide information and awareness of programs, agencies and assistance to adults and seniors. The fair will feature nonprofit organizations such as Denver Health, the Denver Commission on Aging, DRCOG, Denver Human Services, Volunteers of America, and Active Minds for Life. Denver Health will provide free blood pressure screenings as well as care management information.

WHEN: **Thursday, May 28, 2009**
9 a.m. – 1 p.m.
Mayor Hickenlooper to speak at 9:45 a.m.
Kevin Fitzgerald to speak at 10:20 a.m.

WHERE: **Denver Zoo**
2300 Steele Street

Conoco Zoo Gardens

WHY: Spring into Health is a showcase of fitness and wellness programs, highlighting fitness options such as Tai'Chi, as well as the one-mile loop around Denver Zoo. Tickets may be purchased in advance for \$5 at any Denver Recreation Center and include the walk, access to resource fair and Denver Zoo admission. Tickets may be purchased at the gate the day-of the event for the full zoo admission price of \$12.

Spring into Health is sponsored by KEZW, City of Denver Office on Aging and Commission on Aging, AARP Medicare Complete provided through Secure Horizons, Colorado Lottery, RTD, Silver Sneakers and Denver Health Medical Plan, Inc.

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