

DENVER RECREATION CENTERS

CENTRAL PARK INDOOR POOL



Indoor Pool Hours

Activity Pool - Open Swim

Mon-Thu: 10:30 AM - 4:45 PM
 Mon, Wed: 7:15 PM - 8:30 PM
 Tue, Thu: 6:15 PM - 8:30 PM
 Fri: 10:30 AM - 7:30 PM
 Sat, Sun: 10:30 AM - 4:30 PM

Lap Pool - Open Swim

Mon-Fri: 2:00 PM - 4:45 PM
 Mon-Thu: 7:15 PM - 8:30 PM
 Sat, Sun: 10:30 AM - 4:30 PM

Lap Pool - Lap Swim

Mon-Fri: 5:30 AM - 8:15 AM
 Mon-Fri: 10:30 AM - 2:00 PM
 Tue, Thu: 6:15 PM - 7:15 PM
 Mon-Thu: 7:15 PM - 8:30 PM **2 Lanes**
 Fri: 5:00 PM - 7:30 PM
 Sat, Sun: 8:00 AM - 10:15 AM

Adult Swim

Activity Pool
 Mon-Fri: 5:30 AM - 9:30 AM **Adult River Swim**
 Sat, Sun: 8:00 AM - 10:30 AM **Adult River Swim**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
No Classes	Aqua Aerobics 8:30-9:30AM KW	Deep Water Aerobics 8:30-9:30 AM KW	Aqua Aerobics 8:30-9:30AM KW	Deep Water Aerobics 8:30-9:30 AM KW	Aqua Aerobics 8:30-9:30AM KW	No Classes
	Water Walking 9:30-10:15 AM KW		Water Walking 9:30-10:15 AM KW		Water Walking 9:30-10:15 AM KW	
	Aqua Zumba 6:00-7:00PM KW		Aqua Aerobics 6:00-7:00PM KW			

Listed DPR activities included with visit pass or annual membership at this facility

KW = Kid Watch is available

Members can access any higher level center for \$2 per level per visit

Monthly payment available for annual memberships

Discounted family memberships available