



DENVER[®]
THE MILE HIGH CITY

City and County of Denver
Parks and Recreation

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FOR IMMEDIATE RELEASE

Denver Parks and Recreation Trail System Named Best in Nation

Denver, July 29, 2009 —The July 2009 edition of *Parks and Recreation*, the official publication of the National Recreation and Parks Association, has named Denver as Best Trail Parks in the United States. The honor comes during National Parks and Recreation month.

“If a city is a great tourist destination, you want its parks to be a part of that,” says Peter Harnik, director of the Trust for Public Land’s Center for City Park Excellence in the article. “Parks have so many components, and people love parks for so many different reasons. From natural ambiance to recreational opportunities to the unexpected things that just happen there when strangers interact.”

Denver has one of the biggest biking, hiking and jogging trail systems in the nation, a network of 100 miles of paved, off-road trails that cross the City. The paved bike trails connect to hundreds of additional miles of dirt trails, many of which head up into the mountains and offer mountain biking adventures and scenic views.

In addition to Denver being named Best Trail Parks, other winners were:

Best Destination Parks – Chicago, IL
Best Dog Parks – Seattle, WA
Best Arts and Entertainment Parks – New York City
Best Natural Area Parks – Philadelphia, PA
Best Urban Plazas – Detroit, MI
Best Water Park – San Antonio, TX

People interested in exploring Denver’s bike trail system can download a free hike and bike trail map at www.denvergov.org/parksandrec.

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