



## Cuidado para Adultos de Dia

Johnson Adult Day Program.....	303/789-1519
Seniors Resource Center.....	303/986-9862
Seniors Choice Adult Day Care ..	303/344-0046
Senior Support Services .....	303/832-1622
Total Long Term Care .....	303/869-4664

## Fraude de Consumidor/Robo de identidad



Attorney General's Office . . . . .	303/866-5199
Better Business Bureau .....	303/758-5700
Denver District Attorney .....	720/913-9179
Legal Aid Society .....	303/837-1313
Social Security Fraud Hotline.....	1800/269-0271



## Programas Dentales

Colorado DHCA.....	303/430-7399
Dentistry for the Handicapped.....	303/534-5360
Denver Health Dental Program.....	303/602-8200
Donated Dental Services.....	303/534-5360
Seniors Answers & Services .....	303/333-3482



## Recursos de Centros Medicos

CO AIDS Project.....	303/837-1501
Denver Cares.....	303/436-3500
Denver Public Health.....	303/436-7200
Senior Care of CO .....	303/695-2930
Vital Records (Birth/Death Certificates) .....	303/436-7350

## Para informacion o Servicios Adicionales llame al 311



**DENVER**  
THE MILE HIGH CITY

**311**  
*for City Services*  
*Denver gets it done!*

Folleto cortesía de la  
Agencia para derechos  
humanos y relaciones de  
comunidad,  
Comisión de Denver  
de Envejecimiento  
201 W Colfax Ave,  
Dept 1102  
Denver, CO. 80202  
720/913-8477

# DENVER 2011

## Guía de recursos para los Ancianos



## Comisión de Denver de Envejecimiento

720/913-8477 Voice

720/913-8475 TDD

720/913-8470 Fax

Comisión de Denver  
de Envejecimiento  
201 W. Colfax Ave. Dept 1102  
Denver, CO. 80202

Myasthenia Gravis Association.....303/360-7080  
 Parents, Family and Friends  
 Of Lesbians and Gays.....303/333-0286  
 The Senior Hub Inc.....303/426-4408  
 Stroke Support Group .....303/730-8800

## Transporte



American Cancer Society..... (ext-476)303/758-2030  
 American Red Cross ..... 303/722-7474  
 First Ride.....720/540-5566  
 RTD Access-A-Ride .....303/299-2960  
 RTD Light Rail Schedule Information.....303/299-6000  
 RTD Route /Schedule Information.....303/299-6000  
 RTD Senior Ride/Saturday Shopper.....303/299-6503



## Servicios de vision

CO Center for the Blind.....303/778-1130  
 CO Optometric Center.....303/295-2402  
 CO Talking Book Library .....303/727-9277  
 Seniors Answers & Services .....303/333-3482

## Energia Xcel Ayuda de Utilidades



Xcel Emergency Electrical Problem ..... 1800/895-1999  
 Emergency Gas Problem..... 1800/895-2999  
 Customer Service..... 1800/895-4999

## Violencia doméstica/ Abuso de Ancianos/ Ayuda de Victimas



AARP ElderWatch ..... 1800/222-4444  
 Brandon Center.....303/620-9190  
 CO Coalition for Elder Rights .....303/866-2849  
 And Adult Protection ..... 1800/773-1366  
 Denver Adult Protective Services .....720/944-2994  
 Denver District Attorney's Office.....720/913-9261  
 Denver Center for Crime Victims .....303/894-8000  
 Denver Safehouse.....303/830-2660  
 DRCOG Long Term Care Ombudsman  
 (Assisted Living & Nursing Home Facilities) .....303/455-1000  
 Family Violence Alternative .....303/289-4441  
 Gateway Battered Women's Shelter .....303/343-1851

## Urgencias



American Red Cross  
 (Disaster Relief) .....303/722-7474  
 Life Threatening .....911  
 Life Line (Neck Monitoring).....1800/451-0525  
 Denver Office of Emergency Management.....311



## Ayuda Financiera

Association of Senior Citizens.....303/455-9642  
 Benefits Check Up .....303/629-4996  
 .....1866/550-2752  
 Denver County Human Services  
 (Old Age Pension & QMB) .....720/944-3666  
 Salvation Army .....303/295-3366  
 Seniors Inc .....303/300-6900  
 (Money Management)

Social Security and SSI Info ..... 1800/772-1213  
 Social Security Fraud Hotline ..... 1800/269-0271  
 Denver Tax Rebate ..... 720/865-7000

## Información para Abuelos



Grandparent and Kin Support ..... (ext-620)303/742-0823  
 Grandparent Resource Center ..... 303/980-5707  
 Grandparent's Right Center ..... 303/789-1580



## Servicios de Audiencia

Center for Health, Speech & Language ..... 303/322-1871  
 Denver Ear Associates ..... 303/788-7880  
 International Hearing Society ..... 1800/521-5247  
 National Hearing Aid Bank ..... 1800/648-4327  
 (Hear Now)  
 Relay of CO ..... 1800/6592650  
 (Communication Relay)  
 Seniors Answers & Services ..... 303/333-3482  
 Sign Language Associates ..... 303/321-6772

## Hospicios



Agape Hospice Services ..... 720/482-1988  
 Exempla Lutheran Hospice ..... 303/425-8000  
 Denver Metro Hospice ..... 303/321-2828  
 Life Quality Institute ..... 303/398-6230

Medicare Info ..... 1800/633-4227  
 Rape Assistance & Awareness (RAAP) ..... 303/329-9922  
 24hr Hotline ..... 303/322-7273  
 Rocky Mountain Stroke Association ..... 303/730-8800  
 Visiting Nurse Association ..... 1800/VNA-9693  
 or 303/698-2121



## Ayuda de Prescripciones

AARP Pharmacy Service ..... 1800/456-2277  
 Diabetic Care ..... 1800/500-6995  
 Metro CareRing ..... 303/860-7200  
 RX Assist ..... 303/899-5581  
 (St. Anthony's Hospital Senior Prgrm)  
 Medicare Assistance ..... (TTY) 1800/633-4222  
 or ..... 1877/486-2048

## Reparaciones/ Mantenimiento



Brothers Redevelopment ..... 303/202-6340  
 Denver Urban Renewal Authority ..... 303/534-3872  
 Handyman Program (VOA) ..... 303/297-0408  
 Seniors Resource Center (Minor Repairs) ..... 303/238-8151  
 Rebuilding Together ..... 720/524-0840



## Grupos de Apoyo

CO AIDS Project ..... 303/837-0166  
 Alzheimers Association ..... 303/813-1669  
 Compassionate Friends ..... 303/281-8452  
 Hep C Connection ..... 303/860-0800  
 Families First ..... 303/695-7996



## Organizaciones para poblaciones especiales

Asian/Pacific Center.....	303/393-0304
Denver Indian Center.....	303/936-2688
Foreign Language Interpreters: CO Dept of HealthCarePolicy & Financing .....	303/866-4008
Denver Office of Disability Rights .....	720/913-8480
Gay,Lesbian,Bisexual, Community Center of CO .....	303/733-7743
Immigration & Naturalization Services (INS)1800/375-5283	
Jewish Family Services .....	303/597-5000
Senior Support Services (for the homeless) ..	303/832-1622
Servicios de la Raza (Hispanic/Latino).....	303/458-5851
Southwest Improvement Council.....	303/934-2181
SWIC (American Indian)	
Translation and Interpreting .....	303/996-0976
Center for Crime Victims	
Urban League of Metro Denver .....	303/388-5861
Vietnamese Elderly Association of CO.....	303/922-3033

## Otros grupos de Salud



ALS Association .....	303/832-2322
Alzheimer's Association .....	303/813-1669
American Lung Association .....	303/388-4327
American Cancer Society.....	303/758-2030
American Diabetes Association.....	720/855-1102
American Heart Association .....	303/369-5433
Arthritis Foundation.....	303/756-8622
Ask A Nurse.....	303/777-6877
Denver Indian Center.....	303/936-2688
Horizon Home Care.....	303/695-1460
National Multiple Sclerosis Society .....	303/8310700

Vista Care/Odyssey .....	303/561-1955
(formerly Odyssey Healthcare of Denver)	
Centura Health At Home.....	303/561-5100
Parkinson Association of the Rockies .....	303/830-1839
ShareTheCaregiving .....	212/991-9688
VNA Hospice at Home .....	303/698-2121
	303/744-6363



## Remision de Informacion

St. Anthony Hospital	
Benefits Check Up.....	303/899-5582
St. Anthony Hospital Health Passport .....	1866/550-2752
Denver Commission on Aging .....	720/913-8477
Area Agency on Aging (DRCOG) .....	303/480-6733
Elder Care Locator.....	1800/677-1116
Senior Answers and Services .....	303/333-3482
Seniors Inc. Help Program.....	303/300-6900
Seniors Resource Center.....	303/238-8151
Volunteers of America .....	303/297-0408

## Ayuda Legal



CO Legal Services .....	303/837-1313
Elderwatch Hotline .....	303/222-4444
Guardianship Alliance of CO .....	303/228-5382
Community Housing Services .....	303/831-1935
Senior Housing .....	ext. 202
Landlord Tenant Disputes .....	ext. 230



## Aprendizaje y Educación

- Active Minds for Life .....303/320-7652
- Academy for Lifelong Learning .303/770-0786
- Lifelong Enrichment Program Learning Center@ The University of Denver.....303/871-3610

## Salud Mental



- CHARG Resource Center .....303/830-8805
- Denver Health Medical Center (DGH) .....303/436-6000
- Denver Health Psychiatric Emergency .....303/436-6222
- CO Mental Health Institution @ Fort Logan..303/866-7066
- Jewish Family Services .....303/597-5000
- Mental Health America of CO .....720/208-2220
- Mental Health America..... 1800/969-6642
- Servicios de la Raza .....303/458-5851
- National Suicide Prevention Hotline ..... 1800/784-2433



## Centros Médicos en Denver

- Bernard Gipson Eastside Health Center .....303/436-4600
- Kids Care Clinic .....303/436-5444
- La Casa/Quigg Newton.....303/436-8700
- La Mariposa Family Health Center .....720/956-2260
- Lowry Family Health Center .....303/436-4545
- Montebello Family Health Center.....720/956-2730
- Park Hill Family Health Center .....303/602-3720
- Sam Sandos Westside Family Health Center .....303/436-4200
- Stout Street Clinic.....303/293-2220
- University Senior Clinic .....303/493-8333

- Westside Family Health Center.....303/436-4200
- Westwood Family Health Center ..... 720/956-2900
- Immigration and Naturalization Srvcs (INS) 1800/375-5283

## Nutrición/Comida

*(Favor de llamar primero*

*las fechas y horas pueden variar)*

### Bancos de Alimento



- Agape Christian Church..... 303/296-2454
- Basilica of Immaculate Conception ..... 303/831-7010  
(Emergency Food Bank)
- Catholic Charities Center..... 303/922-5205
- Community Ministry ..... 303/936-0469
- Salvation Army Family Services ..... 303/295-3366
- Food Bank of the Rockies ..... 303/371-9250
- Greater Park Hill Community..... 303/388-0918
- Jewish Family Services ..... 303/597-5000
- Metro Caring ..... 303/860-7200
- Senior Support Services ..... 303/832-1622
- Seventh Day Adventist Church ..... 303/329-0129
- SHARE CO (CO-Op) ..... 303/428-0400  
1800/9337427
- St. Frances De Sales Church ..... 303/744-7211
- St. Patrick's Mission ..... 303/433-6328

### Comidas

- People's Presbyterian Church ..... 303/297-9071
- St. Elizabeth's Church ..... 303/534-4014
- Volunteer's of America ..... 303/294-0111  
(Meal sites/Meals on Wheels)

### Bancos de Alimento y Comidas

- Broadway Assistance Center ..... 303/893-4108
- Campbell AME Church..... 303/839-5058
- Denver Inner City Parish ..... 303/629-0636
- St. Anthony's Church ..... 303/935-2431